



South Central Swim League Spring / Summer 2026 Invitational

Your team is invited to participate this Spring/Summer in the swim meet series hosted by the South Central Swim League. Our primary objective is to provide a swimming competition venue where both novice and advanced swimmers can compete at a USA Swimming sanctioned/approved meet at an affordable rate. Entries for the first swim meet need to be submitted by **March 11, 2026**.

All swim meets are scheduled on the following dates:

Swim Meet	Schedule	Date	Warm Up	Start	Pool
Meet 1	A	March 21, 2026	6:50 AM	8:00 AM	Patricia G. Mitchell Swim Stadium
Meet 2	B	April 18, 2026	6:50 AM	8:00 AM	
Meet 3	A	May 9, 2026	6:50 AM	8:00 AM	
Meet 4	B	June 6, 2026	6:50 AM	8:00 AM	
Championship	A/B	July 18-19, 2026	6:50 AM	8:00 AM	

Events: All meets are short course yards and will be swum in a 25-yard pool. Events will alternate between schedule "A" and "B" for each of the scheduled meets.

League Rules: Unless stated otherwise, SCSL swim meets will be sanctioned and approved by Southern California Swimming and USA Swimming.

1. All participants must hold a current USA Swimming registration and have paid SCSL membership dues.
2. Age groups for individual events are: 5-6, 7-8, 9-10, 11-12, 13-14, and 15-18. Age groups for relay events are: 5-10, 11-12, 13-14, and 15-18.
3. Swimmers may compete in up to three individual events and one relay (time permitting) at each swim meet.
4. Ribbons will be awarded to the top six finishers in individual and relay events at regular meets. Medals, team awards, and individual high point awards will be presented at the championship meet. Team awards and individual high point awards will also be given at the championship meet.
5. Teams are required to provide volunteers for various meet duties, including setup, teardown, check-in, timing, sheet running, head timing, staging, awards, and marshaling.
6. All attending clubs will be responsible for timing in their assigned lanes for the entire meet.
7. Teams will be assigned to either Division 1 for larger teams (Over 40) or Division 2 for smaller teams (40 & Under) for the Team Award.

Entries: Meet entries are due by 5:00 PM on the Wednesday that falls ten days before each scheduled swim meet, or as specified in the meet form.

Fees: Membership is a flat rate of **\$65 per swimmer**. Teams entering swimmers are responsible for collecting dues from all their swimmers entered into the meet, i.e., **swimmers entered, fees owed**. Payment is due no later than the day of the scheduled meet. The league administrator must be notified of any corrections to athlete rosters prior to the swimmer's first scheduled meet. Membership dues are non-refundable but are transferable if a swimmer moves to another team within the league.

League contact information:

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SCHEDULED EVENTS IN SHORT COURSE YARDS:

Meet Schedule A			
Girls/Boys	Event	Age	Min Time
1	100 IM	11 - 18	2:00.00
2	100 Freestyle	5 - 10	2:00.00
3	200 Freestyle	11 - 18	3:15.00
4	25 Backstroke	5 - 8	
5	100 Backstroke	9 - 18	2:00.00
6	50 Breaststroke	5 - 10	
7	50 Breaststroke	11 - 18	
8	200 Breaststroke	11 - 18	3:15.00
9	25 Butterfly	5 - 8	
10	100 Butterfly	9 - 18	2:00.00
11	50 Freestyle	5 - 10	
12	50 Freestyle	11 - 18	
13	100 Medley Relay	5 - 8	
14	200 Medley Relay	9 - 18	
15	1000 Freestyle	11 - 18	15:30.00

Meet Schedule B			
Girls/Boys	Event	Age	Min Time
16	100 IM	5 - 10	2:00.00
17	200 IM	11 - 18	3:15.00
18	50 Backstroke	5 - 10	
19	50 Backstroke	11 - 18	
20	200 Backstroke	11 - 18	3:15.00
21	25 Breaststroke	5 - 8	
22	100 Breaststroke	9 - 18	2:00.00
23	50 Butterfly	5 - 10	
24	50 Butterfly	11 - 18	
25	200 Butterfly	11 - 18	3:15.00
26	25 Freestyle	5 - 8	
27	100 Freestyle	11 - 18	2:00.00
28	100 Freestyle Relay	5 - 8	
29	200 Freestyle Relay	9 - 18	
30	500 Freestyle	5 - 18	7:30.00

- ❖ Girls' and boys' individual events will be swum together but awarded by age group.
- ❖ The 5–8 relays will be awarded/scored as a mixed event.
- ❖ Relays in the 9–18 age groups will be entered and awarded/scored by gender according to their respective age group; mixed-gender relay teams are not permitted in these relay events.